

Garmin Vivofit 2 Activity Tracker Review

Would you like to keep track of how many steps you take and other details of your daily activity? The Garmin Vivofit 2 Activity Tracker provides exactly that. This sleek fitness band is designed to help you make the most out of your workouts. Though, it is not the only fitness band available.

There are dozens of activity monitors currently on the market. How do you decide which one is the best fitness band? You can start by taking a look at the rest of this Garmin Vivofit review. Learn more about the Garmin Vivofit 2 Activity Tracker, including its main features, advantages, and disadvantages.

Overview of the Garmin Vivofit 2 Activity Tracker

What is the Garmin Vivofit 2 Activity Tracker? It is a fitness band that contains the ability to track various fitness metrics. This includes the number of steps that you have taken, the amount of calories that you have burned, and the distance that you have traveled. All of this information is visible via the backlit display.

By the end of this Garmin Vivofit review, you will have a better idea of whether or not this is the right fitness band for your specific requirements. Make sure that you look at the features, along with the advantages and disadvantages.

Garmin Vivofit Review Primary Features and Technical Details

You should always look at the main features of a product. This gives you a better sense of what the product can or cannot do. With the Garmin Vivofit 2 Activity Tracker, you can expect the following features and details:

- Comes with two separate sized bands
- Digital backlit display
- Water resistant – up to 50 meters
- USB ANT Stick included
- 24/7 activity tracking
- Sets personalized daily goals

You do not want your fitness band to get in the way of your workout. The Garmin Vivofit 2 Activity Tracker is comfortable and lightweight. It even comes with two separate bands, so that you can choose a size that fits your wrist perfectly.

The backlit display is easy to read, whether you are working out during the nighttime or in full sunlight. In addition to displaying fitness details directly on the display, this fitness band displays the time. When you are not busy working out, you can continue wearing the fitness band as a standard wrist watch.

Wear the Garmin Vivofit 2 Activity Tracker anywhere that you go. You can wear it when it is raining outside or in the shower. It is water resistant, up to 50 meters.

The Garmin Vivofit 2 Activity Tracker also provides 24/7 activity tracking. This is the core feature of the device. It can accurately track steps, distance, and calories. All of this information can get automatically synced with your Garmin Connect account.

As you use the device, the Garmin Vivofit 2 Activity Tracker will begin to learn your activity level and set personalized goals that you can work towards each day. It will provide suggestions for total distance walked and other goals that will help you get or stay in shape.

Pros of the Garmin Vivofit 2

What are the main reasons for buying the Garmin Vivofit 2 Activity Tracker?

- Long battery life
- Shows the time and date
- Includes Move Bar
- Light and comfortable to wear
- Easy to use with accurate tracking

One of the main advantages uncovered in this Garmin Vivofit review is the fact that the Garmin Vivofit 2 Activity Tracker has a long battery life. You do not need to deal with recharging. The battery is designed to last about one year before needing to be replaced.

The Garmin Vivofit 2 also displays the time and date, despite functioning as a fitness band. Next to the time and date, you will also find the Move Bar. The Move Bar lets you know when you have been inactive for too long. Every 15 minutes, another segment of the Move Bar lights up. This is incredibly beneficial when you sit at a desk all day. You can use this as a reminder to get up and stretch every 15 minutes – or at least every hour.

This fitness band is also comfortable and stylish. It features a sleek design and comes with a small and a large band for fitting different wrist sizes. Despite the slim design, it is still easy to use and offers accurate fitness tracking.

Cons of the Garmin Vivofit 2

A Garmin Vivofit review would not be complete without looking at potential disadvantages. Here are a few issues that have been addressed by some customers. Though, keep in mind that these disadvantages may not be major problems:

- Does not include vibrating alerts
- No manual alarms
- Difficulty syncing data

The Garmin Vivofit 2 does not include vibrating alerts or notifications. This is a feature that is included in many other fitness bands but has been left out of the design of the Garmin. This is not a major issue unless you rely on the vibration to let you know when you have been inactive. While it does not have vibrating alerts, the Garmin Vivofit 2 does have the Move Bar – which keeps track of your inactivity.

Despite having all the function of a regular watch, the Garmin Vivofit does not let you set alarms. In the past, Garmin has included this feature in their fitness bands. The fact that they chose not to include alarms is interesting. Again, this may not be a huge problem, unless you require an alarm with your fitness band.

Some users experience syncing issues when using the Garmin Vivofit 2. This is a common problem among the Garmin Vivofit fitness bands. There are solutions to this problem, but you may have to go through a few extra steps to deal with the syncing issue.

Final Thoughts

Is the Garmin Vivofit 2 the best fitness band? It does have a lot of great features, with only a couple of minor issues. After examining the advantages and disadvantages described in this Garmin Vivofit review, you should have the information you need to choose the best fitness band. When it comes to activity monitors, the Garmin Vivofit 2 is definitely at the top of the class.

It can accurately track your steps, calories, and distance while also setting personalized goals. The watch is light, comfortable, and easy to use. The only disadvantages are

minor problems that will only affect a handful of users. This includes not having alarms, not including vibrating alerts, and syncing issues when attempting to sync data with Garmin Connect.

If those issues do not impact your decision, then you should definitely think about getting the Garmin Vivofit 2 Activity Tracker. Despite a few minor inconveniences, this is still a solid fitness band that provides accurate fitness tracking.

In addition to this Garmin Vivofit review, you should take a look at other fit band reviews. Compare this model against other fit bands to determine if the Garmin Vivofit 2 meets all your fitness needs.